A couple of babies playing with clouds

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A HANDY GUIDE FOR ADULTS

# TICKETS

* An Adult and Baby ticket is £10 (£5 each)
* An additional adult is £5 each and an additional baby is £5 each.
* Additional tickets are limited to ensure the babies have the best experience.
* All members of the group, including babies, must have a ticket.
* Seating is unreserved and we will show you where to sit on the day.

# BEFORE THE SHOW

On arrival you will be welcomed by Theatr Iolo’s Audience Host. When it is time to go into the auditorium, you and your baby will be shown where to sit. You will be seated on the floor on a carpeted area with your baby. There will also be some chairs available for those who would prefer not to sit on the floor.  
  
DURING THE SHOW  
  
The performance lasts between 20 and 25 minutes - depending on how much the babies laugh! Immediately after the performance there will be a 20 minute ‘Stay and Play’ session for the babies (and you). The whole experience will last 45 minutes in total.

Our Audience Host will remain in the auditorium during the performance and will be there to assist if you need any help.

# We’re really keen to encourage the babies to respond however they like - gurgling, laughing, commenting (if they’ve started talking!), or hiccupping! If your baby does get unsettled by this new experience (even though it’s been designed to be a relaxing introduction to theatre), we often find that by you simply standing up and moving slightly further away, they are soon relaxed enough to stay watching the performance. If your baby gets really upset, then you can always take them away from the audience space for a feed or a cuddle and come back in as soon as they’re ready. PARENT AND BABY FACILITIES

## There are baby changing facilities in all the venues we are touring to. Theatr Iolo’s Audience Host will be there to welcome you on the day and will be able to point you in the right direction or help with any other needs you might have. Breast/chest/bottle feeding in the auditorium is always welcome. Please note there may not be bottle warming facilities at all venues, so please check directly with the venue in advance.

## FREQUENTLY ASKED QUESTIONS FOR AUDIENCES What age is this show suitable for? This show is suitable for babies aged 6-18 months only. This is because very young babies are too little to enjoy the performances, whilst older children are not likely to be engaged with the show and can distract the babies. For this reason, and so that everyone can fully enjoy the performances, we p kindly ask that you do not bring younger or older children (including siblings) to this performance. We do however recognise that this performance may be of interest to those with an older child who has a disability or developmental delay. We trust you as parents or carers to make a decision that is right for your family, but we ask that you contact us to discuss your needs before booking so that we can help you make an informed decision. You can speak to a member of the team by calling 029 2061 3782 or by emailing [hello@theatriolo.com](mailto:hello@theatriolo.com) How long is the performance? The performance lasts between 20 and 25 minutes - depending on how much the babies laugh! Immediately after the performance there will be a 20 minute ‘Stay and Play’ session. The whole experience will last 45 minutes in total. Sarah and Kevin have tested many performance lengths over the years and this is the perfect length for this age group. Baby’s brains are still doing lots of learning and growing and they often need a rest or sleep after a sensory experience like Baby, Bird & Bee \ Babi, Aderyn a’r Wenynen. What is the seating like?

## Babies and their adults will be seated on a carpeted area on the floor in front of the performance area. The seating means that your baby can sit comfortably or stretch out on their tummy if they would prefer. If they like to move, then they are welcome to crawl, roll or scooch around, but we do ask adults to make sure their little one doesn’t go into the performance space, or to quickly retrieve them if they do.

## If you would rather not / cannot sit on the floor, there will also be a small number of chairs available.

**What if my baby cries during the show?**

Don’t worry! We know babies cry for all sorts of reasons and it’s perfectly normal during a new experience, especially if they are feeling a little bit unsure. If your baby does get unsettled, we often find that by standing up and moving slightly further away, they are soon relaxed enough to stay watching the performance. If your baby gets really upset, then you can always take them away from the audience space for a feed or a cuddle and come back in as soon as they’re ready.

**What if my baby needs feeding during the show?**

You are welcome to breast, chest or bottle feed your baby at any time during the performance. If you would rather leave the performance space to feed your baby, you are welcome to do so and then return when you’re ready.

**What if my baby needs changing during the show?**

If your baby needs a nappy change, we kindly ask that you use the changing facilities available at the venue. You’re welcome to return once you are ready.

**Is there somewhere to leave my pram?**

Each venue will have different arrangements for leaving prams, so we recommend contacting the venue in advance to check.

## I have more questions…

If you have any more questions, please do drop us an email to [hello@theatriolo.com](mailto:hello@theatriolo.com) or call us on 029 2061 3782 and we will be happy to help.

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